

# Government College (A) Rajahmundry

NAAC Re-Accredited with 'A+' Grade  
**BOARD OF STUDIES**



**DEPARTMENT OF PSYCHOLOGY**  
**2024-2025**



**Government College Rajahmundry**

An Autonomous Institution since 2000  
Affiliated to Adikavi Nannaya University

**NAMC**  
**3.38/4.00**  
**(RAF-2017)** **A+**



**GOVERNMENT COLLEGE (AUTONOMOUS), RAJAHMUNDRY**  
**DEPARTMENT OF PSYCHOLOGY**  
**Board of Studies meeting 2024-25**

The Board of Studies meeting of the Department of Psychology is scheduled to be conducted on 3<sup>rd</sup> Oct 2024 in the department under the chairmanship of Sri Babjee Pothuraju, Course Coordinator. The meeting agenda for the BOS is as follows.

**Agenda:**

- To design the Four-Year course framework and syllabus and curriculum for III & IV semesters B.A. Honors Program for Psychology
- New syllabus framed as per NEP 2020 in order to reflect the student and market needs.
- To deliberate on Course Outcomes for each of the course prescribed for III & IV Semesters 2023-2024.
- To approve model question paper for 50 marks for Semester End Examination (SEE) and 50 marks for Continuous Internal Assessment (CIA).
- To approve the list of examiners and Paper setters.
- To approve the proposed list of departmental activities.
- Any other matter with the permission of the chair.



**GOVERNMENT COLLEGE (AUTONOMOUS), RAJAHMUNDRY**  
**DEPARTMENT OF PSYCHOLOGY**  
**Board of Studies 2024-25**  
**I - IV SEMESTERS**  
**MINUTES OF THE MEETING**

The Board of Studies of Psychology Department was convened on 3<sup>rd</sup> Oct 2024 from 2.00 PM onwards in the Department under the Chairmanship of Sri BABJEE POTHURAJU, Course Coordinator of the Department.

Briefing about the agenda points, the Chair explained that the syllabus for I & II semesters is framed keeping in view the diversified needs of stakeholders like students, industrialists and alumni. The syllabus is thoroughly discussed to include changes wherever necessary as per student feedback and also market requirements. The academic flexibility is used to include cross cutting issues in the curriculum. After detailed deliberations, the following resolutions are unanimously made.

**Resolutions:**

1. Resolved to approve the syllabus for I & II semesters. The syllabus is framed keeping in view the guidelines issued by the UGC, APSCHE and Adikavi Nannaya University, Rajahmundry.
2. Resolved to approve the following papers for B.A. (HONORS) PSYCHOLOGY (2024-2025)
  - Paper V: Biological Basics of Behaviour
  - Paper VI: Developmental Psychology I
  - Paper VII: Social Psychology I
  - Paper VIII: Psychopathology I
  - Paper IX: Developmental Psychology II
  - Paper X: Social Psychology II
  - Paper XI: Psychopathology II
3. Resolved to approve model question papers carrying 50 marks for semester end examinations and 50 marks for Continuous Internal Assessment (CIA) related to I and II Semesters. The marks for CIA are further divided into 20 marks for internal written exam, 10 marks for online exam, 5 marks for attendance and the remaining 15 marks for assessment by pedagogical techniques.
4. Resolved to approve the list of examiners / Papers setters for the academic year 2024-2025.
5. Resolved to apply new pedagogical (teaching-learning) techniques prescribed by the Commissionerate of Collegiate Education, A.P. for effective transaction of curriculum to the students.



**Department of Psychology**  
**Board of Studies for the Year 2024-2025 -- Allocation of Credits**  
**Revised UG Major Syllabus under CBCS**  
**(Implemented from Academic year 2023-2024)**  
**Programme: BA in PSYCHOLOGY**

**Major Paper Titles**

Semester	Paper No.	Major	Credits	Minor	Credits	Total
I	1	Fundamentals of Social Sciences	4		8	10
	2	Perspectives on Indian Society	4			
II	3	Foundations of Psychology	4		8	12
	4	Cognitive Psychology	4			
<b>Community Service Project (CSP) of 160 hours</b>					4	
III	5	Biological Basis of Behaviour	4		16	16
	6	Developmental Psychology -1	4			
	7	Social Psychology -1	4			
	8	Psychopathology-1	4			
IV	9	Developmental Psychology -2	4		12	12
	10	Social Psychology -2	4			
	11	Psychopathology-2	4			
<b>Short-Term Internship/Apprenticeship/OJT of 180 hours</b>					4	
V	12	Counselling psychology	5		10	10
	13	Counselling guidance and career counselling	5			
VI	<b>Semester Internship/Apprenticeship/OJT</b>					

**GOVERNMENT DEGREE COLLEGE (A) RAJAHMUNDY**  
**DEPARTMENT OF PSYCHOLOGY 2024-25**  
**MAJOR-2- PERSPECTIVES ON INDIAN SOCIETY**  
**I YEAR SEMESTER -1**

**ESSAY QUESTION:**

**MARKS-50**

1. Write the nature of humans and real-life needs?
2. What are social groups / social dynamics?
3. Explain the ethical concerns in society?
4. What is social influence and social impact?

**4X8=32**

**VERY VERY SHORT ANSWERS:**

**10X1=10**

1. Define Reference Group
2. Define Socialization
3. Define Self actualization
4. What is social impact?
5. Define social innovation?
6. What drives human behavior?
7. What are basic physiological needs?
8. What is the pinnacle of Maslow's Hierarchy?
9. What is the core of social needs?
10. What is society ethics?

**MATCH THE FOLLOWING:**

**8X1=8**

1. Social Norms ( ) A. Shared beliefs
2. Values ( ) B. Informal
3. Primary Group ( ) C. Formal
4. Secondary Group ( ) D. Intimate

Ans: B,A,D,C

1. Role ( ) A. Improved Performance
2. Status ( ) B. Impaired Performance
3. Social Facilitation ( ) C. Defined position
4. Social Inhibition ( ) D. Particular position

Ans: C,D,A,B



### CO-PO Mapping:

(1: Slight [Low]; 2: Moderate [Medium]; 3: Substantial [High], '-' : No Correlation)

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PSO 1	PSO 2	PSO 3
CO 1	3	3	3	2	3	2	2	3	3	2			
CO 2	3	3	3	3	3	2	3	2	3	3			
CO 3	3	2	3	3	3	2	2	2	2	3			
CO 4	3	3	2	2	3	2	2	2	3	3			
CO 5	3	3	3	2	3	2	2	3	3	2			

**GOVERNMENT DEGREE COLLEGE (A), RAJAHMUNDRY**

**B.A PSYCHOLOGY Semester- II  
FOUNDATIONS OF PSYCHOLOGY**

**Time: 2.5hours**

**MODEL PAPER**

**Max Marks: 50**

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**Section - A**

**Answer any five of the following questions.**

**$5 \times 2 = 10M$**

1. Introspection
2. Interview
3. Neuron
4. Threshold
5. Divided Attention
6. Perceptual Defence
7. Hunger Motive
8. Unconscious Motive

**Section - B**

**Answer the following questions.**

**$5 \times 8 = 40M$**

9. a. Explain the origin of Psychology  
Or  
b. Discuss Experimental Method
10. a. Explain ancient Indian psychology  
Or  
b. Discuss modern Indian psychology
11. a. Explain General Characteristics of Sensation  
Or  
b. Write an Essay on perceptual organisation
12. a. Explain Maslow theory of motivation  
Or  
b. Discuss any one theory of emotions
13. a. Explain the psychodynamic approach  
Or  
b. Discuss humanistic approach of personality

GOVERNMENT DEGREE COLLEGE (A), RAJAHMUNDRY  
B.A PSYCHOLOGY: Semester- 2  
**COGNITIVE PSYCHOLOGY**

Time: 2.5hours

MODEL PAPER

Max Marks: 50

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**Section-A**

**Answer any five of the following questions**

$5 \times 2 = 10M$

1. Latent learning
2. Intrinsic motivation
3. Long term memory
4. Concepts
5. Types of reasoning
6. Concept of IQ
7. Mental retardation
8. Meditation

**Section -B**

**Answer the following questions**

$5 \times 8 = 40M$

9. a. Illustrate concept of cognitive psychology  
Or  
b. Describe the factors influencing attention
10. a. Explain information processing model of memory  
Or  
b. Discuss nature and causes of forgetting
11. a. Explain various types of learning  
Or  
b. Write an essay on transfer of learning
12. a. Explain the tools of thinking  
Or  
b. What are the types of thinking
13. a. Write any two theories of intelligence  
Or  
b. Describe intelligence testing

**Government Degree College (Autonomous) Rajahmundry**  
**Department of Psychology**

**Semester 3**

**M-5: BIOLOGICAL BASICS OF BEHAVIOUR-103**

**Model question paper**

**TIME: 2.5hrs**

**Max.Marks-50**

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**SECTION-A**

**Answer Five question each question**

**5X2=10**

1. Neuroplasticity
2. Neuro transmission
3. Limbic system
4. Functions of spinal cord
5. Pituitary gland
6. Chromosomes and genes
7. Acute vs Chronic
8. REM vs NREM

**SECTION-B**

**Answer any five of the following Question**

**5X8=40**

9. Describe the Structure of neuron
10. Deduce the Classification of nervous system
11. Explain the Types of brain and its function
12. Write about Spinal cord and its function
13. What are the major endocrine glands explain them?
14. Mention some of the glands that secrete sexual hormones in humans?
15. Elaborate the influence of heredity and environment on behavior?
16. Discuss the Stages of sleep?

**Government Degree College (Autonomous) Rajahmundry**  
**Department of Psychology**  
**Semester 3**  
**M-6: DEVELOPMENTAL PSYCHOLOGY 1-104**  
**Model question paper**

**TIME: 2.5hrs**

**Max.Marks-50**

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**SECTION-A**

**Answer Five question each question** **5X2=10**

1. Life span Development
2. Implantation
3. Crowning
4. Adjustments in infancy
5. Speech development in babyhood
6. Names given in early childhood by educators
7. Names given in late childhood by psychologists
8. Physical development of child

**SECTION-B**

**Answer any five of the following Question** **5X8=40**

9. Interpret Psycho sexual developmental stages?
10. Examine Psycho social developmental stages?
11. Elaborate prenatal development?
12. Explain the process of birth?
13. Write about Infancy characteristics and development?
14. Babyhood and major emotional developments?
15. Evaluate the entire early childhood?
16. Piaget cognitive developmental stages?

**Government Degree College (Autonomous) Rajahmundry**  
**Department of Psychology**  
**Semester 3**  
**M-7: SOCIAL PSYCHOLOGY 1-105**  
**Model question paper**

**TIME: 2.5hrs**

**Max.Marks-50**

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**SECTION-A**

**Answer Five question each question** **5X2=10**

1. Nature of social psychology
2. Observation method
3. Social norms
4. Social roles
5. Self-evaluation
6. Attitude formation
7. Public opinion
8. Rumour

**SECTION-B**

**Answer any five of the following Question** **5X8=40**

9. Explain the scope of social psychology?
10. Write about correlational method and experimental method?
11. Emphasize the factors influencing social perception?
12. Elaborate the concept of attribution?
13. Evaluate the process of socialization?
14. What is the role of agents in socialization?
15. Mention some of the scales used to measure attitude?
16. Explain the types & barriers of communications?

**Government Degree College (Autonomous) Rajahmundry**  
**Department of Psychology**  
**Semester 3**  
**M-8: PSYCHOPATHOLOGY 1-106**  
**Model question paper**

**TIME: 2.5hrs**

**Max.Marks-50**

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**SECTION-A**

**Answer Five question each question**

**5X2=10**

1. Statistical criteria
2. Psychological causes of abnormality
3. ICD
4. DSM
5. ASD
6. ADHD
7. Restrictive Food intake disorder
8. Binge eating

**SECTION-B**

**Answer any five of the following Question**

**5X8=40**

9. Emphasize the concept of abnormality?
10. Describe the history of abnormal psychology?
11. What are the biological causes of abnormality?
12. Evaluate ICD-10
13. Evaluate DSM-5
14. Execute levels of intelligence?
15. Mention various types of learning disorders?
16. Differentiate between anorexia and bulimia nervosa?

**Government Degree College (Autonomous) Rajahmundry**  
**Department of Psychology**  
**Semester 4- Syllabus**  
**M-9 DEVELOPMENT PSYCHOLOGY -II-107**  
**Model question paper**

**TIME: 2.5hrs**

**Max.Marks-50**

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**PART-A**

**Answer Five question each question**

**5X2=10**

1. Puberty
2. Hazards of puberty
3. Adolescence
4. Adjustments problems in adolescence
5. Career development adjustment problems
6. Social relationships
7. Occupational stress
8. Interconnection between physical and mental health

**PART-B**

**Answer the following Question**

**5X8=40**

9. Explain the characteristics and criteria of puberty  
(or)  
Discuss the hazards of puberty
10. How do social changes affects an adolescents relationships and role in society  
(or)  
Discuss the adjustment problems faced by adolescence stage
11. Briefly explain the adjustment problems faced by early adult hood .  
(or)  
What are the common problems faced in marital and social relationships during early adult hood
12. Dicuss the development tasks faced during middle age  
(or)  
Explain the role of occupational stress during the middle age and its impacts on over all well being
13. what are the physical and mental health challenges faced during late adult hood  
(or)  
Explain the social issues related ageing particularly focusing on work and retirement

**Government Degree College (Autonomous) Rajahmundry**  
**Department of Psychology**  
**Semester 4 - Syllabus**  
**M-10 SOCIAL PSYCHOLOGY -II-108**  
**Model question paper**

**TIME: 2.5hrs**

**Max.Marks-50**

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**PART-A**

**Answer Five question each question**

**5X2=10**

1. Compliance
2. Prejudice
3. Types of discrimination
4. Empathy
5. Social factors of aggression
6. Group roles
7. Social loafing
8. Traits of leader

**PART-B**

**Answer the following Question**

**5X8=40**

9. What are the key findings of asch's conformity experiments  
(or)  
Explain what tactics used in compliance
10. Define pre judice and explain its nature ,origin  
(or)  
Discuss the the techniques of reducing prejudice
11. How do social,personal,situational factors influence to human aggression .  
(or)  
Discuss the anger management techniques in preventing aggression
12. Define group ,discuss the types of groups with examples  
(or)  
Analyse the impact of group polarization on decision makeing
13. Define leadership and explain the different types of leaders  
(or)  
Discuss the ohio state leadership studies to understanding leadership behaviour

**Government Degree College (Autonomous) Rajahmundry**  
**Department of Psychology**  
**Semester-4 – Syllabus**  
**M-11 PSYCHOPATHOLOGY -II-109**  
**Model question paper**

**TIME: 2.5hrs**

**Max.Marks-50**

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**PART-A**

**Answer Five question each question**

**5X2=10**

- 1.Importance of psychopathology
- 2.Types of stress
- 3.Anxiety
- 4.Causes of personality disorders
- 5.insomnia
- 6.Depression
- 7.Sleeping disorders
- 8.Types of biological therapies

**PART-B**

**Answer the following Question**

**5X8=40**

9. Define the nature and scope of psychopathology  
(or)  
Explain Approaches to psychopathology
10. Define stress,what are the coping strategies used to reduce the stress  
(or)  
Explain types of anxiety disorders and its causes.
11. Discuss core system of schizophrenia.  
(or)  
Explain personality disorders and what are the treatments taken to personalitydisorders?
12. Discuss about the common types of sleep disorders.  
(or)  
What are the common psychological disorders in aging explain briefly?
13. Explain types of biological therapies.  
(or)  
Explain the concept of systematic desentization as a therapeutic technique.

**Government Degree College (Autonomous) Rajahmundry**  
**Department of Psychology**  
**Semester 5 – Syllabus**  
**M-12 COUNSELLING PSYCHOLOGY -110**  
**Model question paper**

**TIME: 2.5hrs**

**Max.Marks-50**

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**PART-A**

**Answer Five question each question**

**5X2=10**

- 9. Meaning of counselling
- 10. Selection of counsellors
- 11. Training of counsellors
- 12. Yoga
- 13. transference
- 14. Degree of lead
- 15. Counselling for suicidal
- 16. Teenage Counselling

**PART-B**

**Answer the following Question**

**5X8=40**

- 10. Discuss about importance of Goals of Counselling  
(or)  
Explain Purpose of Counselling
- 11. Discuss about importance Academic preparation for counselling.  
(or)  
Explain Ethical standards in counselling.
- 12. Discuss on Reciprocal inhibition technique.  
(or)  
Write about Counselling in India?
- 12. Explain Pre-counselling interview.  
(or)  
What are the Essential aspects of interviewing?
- 13. Write about Counseling in Schools.  
(or)  
Write about Group Counseling.

**Government Degree College (Autonomous) Rajahmundry**  
**Department of Psychology**  
**Semester 5 – Syllabus**  
**M-13 Guidance and Career Counselling - 111**  
**Model question paper**

**TIME: 2.5hrs**

**Max.Marks-50**

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**PART-A**

**Answer Five question each question**

**5X2=10**

1. Guidance
2. Assumptions
3. Career Counselling
4. Ethics of Career counselling
5. Group Guidance
6. Occupational Guidance
7. Dimensions of Career
8. Career maturity

**PART-B**

**Answer the following Question**

**5X8=40**

9. What are the Major areas of Guidance.  
(or)  
Write about Guidance and Education.
10. Discuss the importance of career counselling.  
(or)  
Describe the Nature and Scope of Career Counselling.
11. Career Counselling for adults  
(or)  
Career counselling for women
12. Discuss follow up services.  
(or)  
Role Counsellor in schools.
13. Discuss concept of career maturity.  
(or)  
Explain about factors influencing career maturity

**List of Departmental Activities planned for AY 2024-25**

S,no	Activity	Month
1	Visit to Nearest counselling centre	December
2	Visit to Nearest Rehab Centre	January
3	Guest Lecture	march